



*Therapy at the CRCAC provides Trauma-Focused Therapy for the tribal community and child victims of crime. The CAC's diverse professional team allows us to connect individuals and families with highly qualified and skilled clinicians who provide confidential individual and family counseling for children and adolescents, ages 4-18.*

### Contact Us

Children of the River  
Child Advocacy Center

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Puyallup Tribe of Indians

**Children of the River  
Child Advocacy Center**

# COUNSELING SERVICES



**Children of the River  
Child Advocacy Center**





## Eligibility

- Victim of crime - physical and/or sexual abuse, severe physical/emotional neglect, and/or drug endangerment.
- Witness to a crime
- Crime committed against any child on the reservation;
- Crime committed against a child tribal member on or off the reservation
- Law enforcement or Child Protective Services (CPS) involvement

## Services Provided

- Individual and family therapy for victims of crime
- Parenting Support/psychoeducation
- Trauma Focused Cognitive Behavioral Therapy (TF-CBT)
- CBT
- EMDR
- Transportation Services for clients (limited service area)
- Referrals to psychological services
- Referrals to psychiatric services programs

## When to seek services

*Counseling services are offered when a child has made a disclosure of abuse or a referral has been made through law enforcement and/or CPS. It is normal for youth to experience challenges after they have witnessed or experienced a crime. These are times when problems develop into ongoing struggles that can affect many areas of the youth's life. We offer mental health therapy to support and help provide relief from difficulties the youth may be experiencing.*

### **Possible signs your child may exhibit signaling the need for support.**

- *Disclosure of neglect/abuse*
- *Anxiety or depression*
- *Family concerns*
- *Behavior and school problems*
- *Grief and loss*
- *Attention difficulties*
- *Impulsive behaviors*
- *Appetite and/or sleep disturbances*
- *Anger difficulties*
- *Sexual behavior concerns*

